Does my child need therapy?

We like to say: if in doubt, check it out!

Your child may benefit from therapy if he or she:

- Has frequent, intense meltdowns
- Is under or over reactive to touch, light, sounds, smells, temperature, or movement
- Walks on his or her toes
- Uses atypical movement patterns
- Has poor concentration or attention
- Has difficulty with transitions
 Uses a limited number of words or
- Uses a limited number of words or nonspecific vocabulary
- Is not understood the majority of the time by listeners
- Does not tell stories in a logical or meaningful way
- Has difficulty using grammar and specific vocabulary words
- Has difficulty following directions
- Has difficulty memorizing facts, learning, reading, or recalling words
- Has difficulty engaging in conversation and building social relationships



Hours: Monday-Friday 7:30 am – 5:00 pm

San Luis Valley Health Regional Medical Center Pediatrics Clinic 106 Blanca Ave Alamosa, CO 81101

San Luis Valley Health PRO Therapy Center Stuart Ave. Alamosa, CO 81101

Call 719-589-8100 to schedule a pediatric therapy evaluation.

Fax: 719-589-8101



San Luis Valley HEALTH

Pediatric Therapy Services



San Luis Valley Health PRO Therapy Center Stuart Ave. Alamosa, CO 81101 (719)589-8100

What pediatric therapy services does San Luis Valley Health ProTherapy offer?

- Hand Therapy and Splinting
- Occupational Therapy
- Physical Therapy
- Speech and Language Therapy
- Swallowing and Feeding Therapy

Who may benefit from pediatric therapy services?

Children from birth through the age of 21 may benefit from pediatric therapy services.

How do I make an evaluation appointment for my child?

First, make an appointment with your Primary Care Physician to see if a referral is appropriate. Your doctor will then fax the appropriate referral to us.

What can I expect when I bring my child for an evaluation and treatment?

- Evaluation lasting up to 90 minutes and treatment lasting up to 60 minutes
- Conversation about your child's strengths and areas of need
- Home practice suggestions



Tell me more about: Pediatric Occupational Therapy:

- Promotes success in playing, learning, and socializing.
- Supports sensory management, fine motor coordination, organization, and social functioning

Pediatric Physical Therapy:

- Facilitates motor development and function, improves strength and endurance
- Eases challenges with daily caregiving in order to help children better interact with the world around them





Pediatric Speech and Language Therapy:

- Helps children to learn to use words or other modes of communication
- Improves language expression and comprehension as well as the pronunciation of speech sounds
- Builds skills to help children form more meaningful social relationships with family members and peers

Pediatric Swallowing and Feeding Therapy:

- Supports safe and adequate nutrition and hydration
- Determines optimum feeding methods to maximize swallowing safety and efficiency
- Provides positive feeding-related experiences to the extent possible, given the child's medical situation

